



RCPE Symposium Edinburgh

Date: Thursday, 24 November 2016 - Friday, 25 November 2016

Venue: Classroom A&B

Shaukat Khanum Memorial Cancer Hospital & Research Centre Lahore

Dear All,

The Royal College of Physicians of Edinburgh (RCPE) is organizing 56th St Andrew's Day Festival Symposium on Thursday, 24 November 2016 - Friday, 25 November 2016. Shaukat Khanum Memorial Hospital Cancer Hospital and Research Centre (SKMCH&RC) will have this telecasted live. There is no fee for attendance at SKMCH&RC venue but pre-registration is required especially for outside participants.

The St Andrew's Day Festival symposium is the highlight of the RCPE's educational year and brings together a vast array of international leaders covering the breadth of medicine and its specialties.

The symposium will be of great interest to clinicians from all areas including those involved with acute and general medicine, emergency medicine and those physicians who require updates on advances out with their own specialty. The programme will also be relevant to doctors at all levels of training, general practitioners, specialist nurse practitioners and allied health professionals.

Thursday 24 November

14.00 Registration

14.25 Welcome and Introductory Remarks

by Professor Derek Bell, President, Royal College of Physicians of Edinburgh

Session 1 - Medical problems in pregnancy

Chair: Dr Stuart Ritchie, Consultant Physician, Western General Hospital, Edinburgh

14.30 Renal disease in pregnancy

Professor Liz Lightstone, Professor of Renal Medicine, Imperial College, London

* chronic kidney disease in pregnancy – risks, management, and outcomes * acute kidney problems associated with pregnancy

14.55 Continuing challenges in diabetic pregnancy

Professor David McCance, Consultant Endocrinologist, Royal Victoria Hospital, Belfast

* how to optimise glycaemic control * risks and outcomes for mother and baby * gestational diabetes

15.20 Acute medical problems in pregnancy

Dr Anita Banerjee, Consultant in Obstetric Medicine, King's College Hospital NHS Foundation Trust, London

* special considerations in pregnant patients (physiology, imaging, drugs) * venous thromboembolism in pregnancy

15.45 Coffee / tea

Session 2 - Let's talk about dying well

Chair: Professor Derek Bell, President, Royal College of Physicians of Edinburgh

16.10 Going beyond DNACPR

Dr Jonathan Fuld, Consultant Physician, Addenbrooke's Hospital, Cambridge

16.40 Keynote Lecture

End of life care - where do we go from here?

Professor Bee Wee, National Clinical Director for End of Life Care for NHS England

17.25 RCPE President and award of medals

17.45 Hi Tea

Session 3 - Prescribing challenges

Chair: Dr Neeraj Bhala, Consultant Gastroenterologist, Queen Elizabeth Hospital, Birmingham

18.45 Prescribing challenges in renal disease

Dr Thalakunte Muniraju, Consultant Nephrologist, Dumfries and Galloway Royal Infirmary
Interactive session with voting

19.10 Medical problems in transplant patients

Professor Peter Hayes, Professor of Hepatology, Edinburgh

* infection * malignancy * what to do with immunosuppression during acute illness

19.35 Intravenous fluids

Dr Andrew Lewington, Consultant Renal Physician, Leeds University Hospital Trust

* crystalloid v colloid * how to choose appropriate fluids/NICE guidelines

20.00 Coffee / tea

Session 4 - How I manage...

Chair: Dr Bharat Kantharia, Consultant, West Houston Medical Center, Houston, USA

20.30 Glycaemic control during acute illness

Professor Mark Strachan, Consultant in Diabetes and Endocrinology, Royal Infirmary of Edinburgh

* myocardial infarction, stroke, sepsis * when and how to adjust s/c insulin * what to do when usual insulin dose is unknown

21.00 Brady and tachycardias on the acute take

Dr Neil Grubb, Consultant Cardiologist, Royal Infirmary, Edinburgh

* bradycardia – medical options and temporary pacing * supraventricular tachycardia * ventricular tachycardia * when to worry about other tachycardias

21.30 Hypertensive emergencies

Dr Isla Mackenzie, Reader, University of Dundee

* accelerated hypertension – recognition, complications, and treatment * secondary hypertension

22.00 Close

Friday 25 November

14.00 Registration

Session 1 - What's new in...

Chair: Dr Sian Finlay, Consultant Physician, Dumfries & Galloway Royal Infirmary, Dumfries

14.30 Cystic fibrosis

Professor J Stewart Elborn, Professor of Respiratory Medicine, Queen's University Belfast
* what has changed? * prospects for gene therapy

14.55 Venous thromboembolic disease

Professor Gerard Stansby, Professor of Vascular Surgery, Newcastle University
* does risk assessment work? * when to screen for underlying disease

15.20 Stroke

Professor Cathie Sudlow, Clinical Senior Lecturer and Hon Consultant Neurologist University of Edinburgh
* update on thrombolysis * clot retrieval

15.45 Coffee / tea

Session 2 - How I manage...

Chair: Professor Peter Maxwell, Professor of Nephrology, Queen's University Belfast

16.05 Violent and aggressive patients on the AMU

Professor Rowan Harwood, Consultant in Healthcare of Older People, Queen's Medical Centre, Nottingham
* clinical and legal aspects of managing agitated patients

16.35 Gout

Dr Mike McMahon, Consultant Rheumatologist, Dumfries and Galloway Royal Infirmary
* treatment options * gout in renal disease

17.05 Functional neurology

Dr Jon Stone, Consultant Neurologist, University of Edinburgh
* what is 'functional neurology'? * how to recognise it * how to manage it

17.35 Vertigo

Dr Joanna Lawson, Associate Specialist, Freeman Hospital, Newcastle
* practical advice on investigation and management

18.05 Hi Tea

Session 3 - Am I safe to...

Chair: Dr Stacy Smith, ST7 Acute Medicine, Royal Infirmary, Glasgow

19.05 Am I safe to play sports?

Dr James Robson, Chief Medical Officer & National Team Doctor, Scottish Rugby, Edinburgh
* who is at risk of sudden death and how do we prevent it?

19.30 Am I safe to fly?

Professor Davie Gradwell, Professor of Aerospace Medicine, King's College, London
* can we help patients with significant medical conditions undertake air travel safely? There are opinions but more research is valuable

19.55 Am I safe to drive?

Dr Shirley Hammersley, Clinical Lead in Acute Medicine, Leighton Hospital, Crewe
* evidence-based advice for patients with recent myocardial infarction, stroke, respiratory disease, epilepsy and other medical conditions

20.20 Coffee / tea

Session 4 - A case that changed my practice

Chair: Dr Alistair Dorward, Former NHS Consultant, Glasgow

20.45 Speakers to be announced

21.45 Discussion

21.55 Close