is currently in place before you go to visit.

References

Changi Hospital Singapore website:
http://www.cgh.com.sg/Patients_Visitors/Visiting_Hours_Regulations/Pages/visiting.aspx

From Kristina Duda’s webpage on About.com:

Effects of inflow of inpatients attendants at a tertiary care hospital — A study at Civil hospital Karachi:

Beenish Zubair, 1 Ammara Salam, 2 Muniba Firoz, 3 Hareem Fatima, 4 Sina Aziz 5 (JPMA 62: 1367; 2012). (JPMA 63: 143; 2013)
Importance of visitors
We know that visitors are important to the healing process for our patients. Guidelines have been given to encourage visitors, especially all pediatric patients must be accompanied by a parent or responsible person nominated by parents.

Why we need to limit the visitors?
Visitor control is important for our patient's time to rest, improve and be away from diseases which cause infection.

We also request to keep in mind that you are in the room where two patients stay in one room and ask you to respect the privacy of patient next to you.

Why Shaukat Khanum is more careful about visitors?
We are dealing with cancer patients. Their blood, WBC, RBC and platelets may be low during treatment given to them. Germs can affect such cases more rapidly than normal people. A cross-sectional study was done in Civil Hospital Karachi to assess the trend of attendants accompanying inpatients and its effect on patient and staff. The conclusion of the study was: “A significant trend for patients to be accompanied by multiple attendants caused interruption in duties of staff and posed infection and security risks.”

When not to visit the Hospital?
If you have symptoms of fever, cough, influenza or any other illnesses, please do not visit the hospital as the spread of infection may cause serious problems to the patients who are admitted in the hospital, especially when they have low blood WBC, RBC and platelets. The restriction of hospital visitors is necessary because even minor cough can cause very serious illnesses in many cancer patients.

We want to provide Quality Care to our patients as much as possible
We want to continue with safe and advanced quality culture in our hospital and want to promote the participation and support of family and friends as part of providing quality patient care. It is our policy to encourage and facilitate visitors in a way that helps healing, balances the needs of all patients, and creates a safe and protected environment. For that, in Shaukat Khanum Hospital we allow one attendant round the clock which could be replaced at any time.

Why Children under the age of 12 years are not allowed to visit the patients?
Please note that visitors under the age of 12 years are not allowed to visit the patients. They must be accompanied by an adult other than the patient to keep them calm and educate them to not make noise. Children are exposed to a lot of germs – especially those that are in school and daycare. Even if they don’t get sick from those germs they can pass them on to others, which can be very severe for patients that are admitted in hospital.

We also do not encourage children to visit patients as children may become ill due to their weaker immune system.

What if the Person I’m visiting isn’t Sick?
One of the biggest challenges to policies restricting hospital visitors comes when you want to visit a person in the hospital who is not sick. Women who have just given birth and those who have had surgery often get lots of visitors. It can be difficult to stay away from the hospital if you want to visit a loved one and you just have a cough. Please remember that you have to avoid spreading your germs to everyone in the hospital, not just the person you want to visit.

How Do I Know if the Hospital Has Visitor Restrictions?
Many hospitals post their visitor policies on their websites. The person you wish to visit should also have been informed of the visitor policy at the time of Admission to the hospital. If you still aren’t sure, call the main hospital number and ask what policy