



Shaukat Khanum Memorial Cancer Hospital & Research Centre

NURSING DIVISION

Patient Information

Clean Food

- Wash hands with water and soap for 20 seconds before preparing food
- Wash hands with water and soap for 20 seconds before eating
- Clean countertops before preparing food
- Rinse fruits and vegetables with cold running water before preparing them
- Rinse fruits and vegetables with cold running water before eating them

Adapted from: ICN 2008