

## Programme - Thursday, 29th November 2018

14.00    **Registration**

14.25    **Welcome**

by Professor Derek Bell OBE, President, Royal College of Physicians of Edinburgh

### Session 1 - Education

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Chair: Dr Hannah Skene, Consultant in Acute Medicine, Chelsea & Westminster Hospital, London

14.30    **Training for "generation me"**

Dr Kim Walker, Director of the Foundation School, NHS Education for Scotland

\* how education has changed \* how to change with it \* how to remain current

14.55    **Lessons from mortality reviews**

Dr Allen Hutchinson, Emeritus Professor in Public Health, University of Sheffield

\* National Mortality Case Record Review (NMCRR) \* safety and quality review \* information for local improvement

15.20    **How to develop resilient acute physicians**

Dr Mark Stacey, Consultant Anaesthetist, University Hospital Wales and Associate Dean, Wales Deanery

\* improving resilience and performance \* lessons from Medical Trauma & Resilience Training (MEDTRiM) \* managing high stress levels and strategies to support both you and your colleagues

15.45    **Coffee / tea**

### Session 2 - Safety

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Chair: Dr Ian Donald, Consultant in Old Age Medicine, Gloucester Royal Hospital

16.10    **Investigate without prejudice**

Mr Keith Conradi, Chief Investigator, Healthcare Safety Investigation Branch (HSIB)

\* learning from other professions \* how to protect yourself

16.40    **SIR JAMES CAMERON LECTURE**

Chair: Professor Derek Bell OBE, President, Royal College of Physicians of Edinburgh

**Getting it right first time (GIRFT)**

Professor Tim Briggs, National Director of Quality and Efficiency & Consultant Orthopaedic Surgeon, Royal National Orthopaedic Hospital NHS Trust, Middlesex

\* how to GIRFT \* translating surgical lessons into medicine\* is it all about money?

17.25    **RCPE President and award of medals tbc**

17.45    **Hi -Tea**

### Session 3 - Is hospital the right place?

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Chair: Dr Marion Slater, Consultant Physician in Geriatric Medicine, Aberdeen Royal Infirmary

**18.45 Equality in health care**

Dr Moira Connolly, Consultant Psychiatrist, Gartnavel Royal Hospital, Glasgow

\* multimorbidity in mental health \* inequalities in health care \* improving physical health in mental illness

**19.10 Hospital at home**

Dr Scott Ramsay, Consultant Geriatrician, St John's Hospital, Livingston

\* managing risk in older patients \* anticipatory care planning \* keeping carers on board

**19.35 Ambulatory care**

Dr Naomi Fox, Consultant Geriatrician, Poole Hospital

\* pushing at boundaries - age, diagnoses and professional \* cost effectiveness

**20.00 Coffee / tea**

### Session 4 - Specialist tricks every generalist should know

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Chair: Dr Johanne Simpson, Consultant in Acute Medicine, Royal Infirmary of Edinburgh

**20.30 Inflammatory bowel disease**

Dr Gillian Bain, Consultant Gastroenterologist, Aberdeen Royal Infirmary

\* management of flares \* when to admit \* updates in treatment

**20.50 Toxicology - what is your poison?**

Dr Euan Sandilands, Consultant in Clinical Toxicology & Acute Medicine, Royal Infirmary of Edinburgh

\* toxidromes in clinical assessment \* common poisoning scenarios

**21.10 Psychiatry**

Dr Stephen Potts, Consultant Psychiatrist, Royal Infirmary of Edinburgh

\* when is restraint appropriate \* when do we need the court \* assessing capacity

**21.30 Acute hyperglycaemia - a case based story**

Dr Hannah Robertson, Consultant Physician, Aberdeen Royal Infirmary

\* stress hyperglycaemia? \* diabetic ketoacidosis \* hyperosmolar hyperglycaemic state

**21.50 Close**

## Programme - Friday, 30th November 2018

14.00     **Registration**

### Session 1 - Environment and art

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Chair: Dr Richard Day, Retired Physician and painter, Poole

14.30     **Dementia friendly environments**

Professor Emma Reynish, Professor of Dementia Research, University of Stirling  
\* evidence \* practice \* placement

15.10     **The arts and dementia**

Professor Tom Denning, Professor of Dementia Research, University of Nottingham  
\* lessons from the Arts and Dementia (TAnDem)

15.45     **Coffee / tea**

### Session 2 - A world of education

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Chair: Professor Sunil Bhandari, Consultant Nephrologist, Hull and East Yorkshire Hospitals NHS Trust and Hull York Medical School

16.10     *(Live webstream lecture from India)*

**All that's diabetes in the young is not Type 1 - insights into differential diagnosis**

Professor Nihal Thomas, Professor Endocrinology and Diabetes, Christian Medical College, Vellore, India  
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16.45     *(Live webstream lecture from Hong Kong)*

**Does white matter disease matter?**

Professor Vincent Mok, Professor of Neurology, Chinese University of Hong Kong, Prince of Wales Hospital, Hong Kong, China  
\* how to measure frailty \* putting evidence into practice

17.20     **Hi -Tea**

### Session 3 - "Man v machine" or "man and machine"

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Chair: Dr Manjit Cartlidge, Clinical Research Fellow, Edinburgh

18.30     **The role of apps for clinician and patient**

Dr Rupert Page, Consultant Neurologist, Poole Hospital  
\* how to choose a good app \* evidence that they help \* pitfalls

**18.55 Building a living hospital - how to deploy advanced technology in healthcare**  
Mr Iain Hennessey, Clinical Director of Innovation, Alder Hey Children's Hospital,  
Liverpool  
\* benefits and risks of technology \* managing information governance with non NHS IT

**19.20 Coffee / tea**

#### **Session 4 - Specialist tricks every generalist should know**

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Chair: Dr Clare Bostock, Consultant Geriatrician, Aberdeen Royal Infirmary

**19.40 Cardiology**  
Dr Anne Scott, Consultant Cardiologist, Borders General Hospital, Melrose  
\* negative troponin \* type 2 myocardial infarction \* invasive or non-invasive investigation

**20.00 Endocrinology**  
Dr Stephanie Baldeweg, Consultant Physician in Diabetes and Endocrinology, University  
College London  
\* endocrine emergencies \* initial investigation \* management

**20.20 Gastroenterology**  
Dr Nick Church, Consultant Gastroenterologist, Royal Infirmary of Edinburgh  
\* upper gastrointestinal series versus bleeding \* risk stratifying \* treatment strategies

**20.40 Neurology**  
Dr John Paul Leach, Consultant Neurologist, Southern General Hospital, Glasgow  
\* patterns of weakness \* causes \* investigations

**21.00 Respiratory**  
Dr William McConnell, Consultant in Respiratory Medicine, Dorset County Hospital  
\* the breathless non-smoker \* different causes of interstitial lung disease \* updates in treatment

**21.20 Close**