



RCPE - 59th St Andrew's Day Festival Symposium: Updates on Acute Medicine

Date: Thursday to Friday 28 to 29 November 2019

Venue: Classroom A&B

Shaukat Khanum Memorial Cancer Hospital & Research Centre Lahore

The Royal College of Physicians of Edinburgh (RCPE) is organizing 59th St Andrew's Day Festival Symposium: Updates on Acute Medicine on Thursday to Friday 28 to 29 November 2019. Shaukat Khanum Memorial Cancer Hospital and Research Centre (SKMCH&RC) will telecast this live. There is no fee for attendance at SKMCH&RC venue but pre-registration is required especially for outside participants.

The annual St Andrew's Day Festival Symposium focuses on acute and general medicine and is the highlight of the RCPE's educational year. This popular event brings together a vast array of international leaders covering the breadth of medicine and its specialties.

The programme will be of great interest to doctors at all levels of training, general practitioners, specialist nurse practitioners, allied health professionals and physicians who require updates on advances outside their own specialty.

Programme - Thursday 28 November 2019

14.00 Registration

14.25 Welcome and introduction
by Professor Derek Bell OBE, President, Royal College of Physicians of Edinburgh

Session 1 - Working as a team: trainers, trainees and patients

Chair: Dr Dan Beckett, Consultant in Acute Medicine, Forth Valley Royal Hospital & Society of Acute Medicine Scotland lead

14.30 Shared decision making
Dr Caroline Whitworth, Consultant Nephrologist, Royal Infirmary of Edinburgh
* involving patients in decisions at the front door * a personalised approach to care – how to achieve this

15.00 Understanding the 'human' factor

Dr Vicky Tallentire, Consultant Acute Physician, Western General Hospital, Edinburgh
* how our emotions impact decision-making * the role of behavioural science in healthcare * the association between clinician wellbeing, team performance and patient outcomes * CBM and evidence-based wellbeing

15.30 Coffee / tea

Session 2 - How do I manage...

Chair: Dr Claire Gordon, Consultant in Acute Medicine, NHS Lothian

16.00 Pyrexia of unknown origin

Dr Elham Khatamzas, Consultant in Infectious Diseases, Western General Hospital, Edinburgh
* structured approach * changing epidemiology * diagnostics and therapy in the era of realistic medicine and antimicrobial resistance

16.30 The acutely jaundiced patient

Dr Michael Williams, Consultant Gastroenterologist, Royal Infirmary of Edinburgh
* who to admit * investigations * most common causes * pitfalls

17.00 Anticoagulation

Professor Henry Watson, Professor of Haematology, Aberdeen Royal Infirmary
* problematic cases with direct oral anticoagulants * reversal agents * dosing in obesity and renal failure * when to use warfarin * alternatives to IV heparin

17.30 Hi - Tea

Session 3 - Risk and conflict

Chair: Dr Anna Rawe, Specialist Trainee, Aberdeen Royal Infirmary

18.30 Resolving conflict in healthcare

Dr Claire Macaulay, Mediator, Medical Mediation Foundation, Glasgow
* how can we avoid/manage conflict * how does perception of risk/benefit affect likelihood of conflict arising

19.00 SIR JAMES CAMERON LECTURE

Chair: Professor Derek Bell OBE, President, RCPE

The public understanding of risk

Dr Sander van der Linden, Assistant Professor in Social Psychology, University of Cambridge & Director, Cambridge Social Decision-Making Laboratory
* how do the public perceive risk in healthcare? * how can we explain it better?

19.45 Coffee / tea

Session 4 - What can I do better in my day job?

Chair: Dr Jonathan Whitfield, Consultant Acute Medicine, Aberdeen Royal Infirmary

20.15 Acute kidney injury

Professor Neil Turner, Professor of Nephrology, University of Edinburgh
* acute kidney injury in acute receiving * guidance from the renal team * do acute kidney injury alerts work? * new treatments in renal disease and their role in acute receiving

20.45 Pulmonary emboli (PE)

Dr Jay Suntharalingam, Consultant in Respiratory and General Internal Medicine, Royal United Bath Hospital
* managing high risk PEs * patient follow-up and long-term consequences * what can I learn from the National Confidential Enquiry Into Patient Outcome and Death results?

21.15 A good death

Dr Juliet Spiller, Consultant in Palliative Medicine, Marie Curie Hospice, Edinburgh

* diagnosing dying * recommended summary plan for emergency treatment and care forms * facilitating a good death in hospital * preventing admissions in dying patients

21.45 Close

Programme - Friday 29 November 2019

14.00 Registration

Session 1 - How I manage...

Chair: Dr Ben Dobb, Consultant in Acute Medicine, Aberdeen Royal Infirmary

14.30 Paracetamol overdose: new test, new thinking

Dr Emma Morrison, ST7 Clinical Pharmacology and Therapeutics, NHS Lothian

* new test for paracetamol overdose * guidance on management * when to refer to liver unit

15.00 Skin failure

Dr Fiona Meredith, Consultant Dermatologist, Aberdeen Royal Infirmary

* skin failure causes, management and consequences

15.30 Oncology patients at the front door

Dr Colin Barrie, Consultant Medical Oncologist, Western General Hospital, Edinburgh

* new biological therapies * managing toxicities * what do we need to know at the front door – especially if you are not in a main centre?

16.00 Coffee / tea

Session 2 - Threats and challenges

Chair: Dr Robert Laing, Consultant in Infectious Diseases, Aberdeen Royal Infirmary

16.30 How to prepare for the next pandemic

Professor Sir Michael Jacobs, Consultant in Infectious Diseases, Royal Free London NHS Foundation Trust, London

* virus evolution * lessons from the past * future planning

17.00 Under pressure: managing the acute take during a major incident

Dr Philip Lee, Acute Physician and Geriatrician, Chelsea & Westminster Hospital, London

* how hospitals function under immense pressure * what should you do?

17.30 Hi - Tea and RCPE Annual General Meeting (for RCPE Fellows and Members, 13.00-13.20 tbc)

Session 3 - Keeping up with the times

Chair: Dr Sarah Ross, Consultant Physician, Perth Royal Infirmary

18.30 Wearables in medicine

Dr Ali K Yetisen, Senior Lecturer, Imperial College London

* how can technology help us monitor patients diseases? * what is the future of chronic disease management

19.00 Exercise and health

Dr Gregor Smith, Deputy Chief Medical Officer for Scotland, Scottish Government

* what do we know about the activity of the nation? * can we prescribe exercise? * what should we be advising the public? * doctors as role models for activity

19.30 Coffee / tea

Session 4 - Am I doing it right?

Chair: Dr Joannis Vamvakopoulos, Consultant in Endocrinology & Internal Medicine, Russells Hall Hospital, Dudley

20.00 Tachyarrhythmias

Dr Paul Broadhurst, Consultant Cardiologist, Aberdeen Royal Infirmary

* acute management of tachyarrhythmias – AF/Flutter and Pulsed VT * stroke risk in flutter and fibrillation – are they the same or different?

20.30 Acute heart failure

TBA

* medicine optimisation * the impact of heart failure with preserved ejection fraction * follow up * diastolic failure* loop diuretics out with acute deteriorations

21.00 Medically unexplained symptoms

Dr Wojtek Wojcik, Consultant Psychiatrist, Edinburgh

* common presenting symptoms * when do we stop investigating?* how do we explain it to the patient and prevent re-admission

21.30 Close