



## **RCPE - Gastroenterology Symposium**

Date: Thursday 21<sup>st</sup> November 2019

Venue: Classroom A&B

### **Shaukat Khanum Memorial Cancer Hospital & Research Centre Lahore**

The Royal College of Physicians of Edinburgh (RCPE) is organizing Gastroenterology Symposium on 21<sup>st</sup> November 2019. Shaukat Khanum Memorial Cancer Hospital and Research Centre (SKMCH&RC) will telecast this live. There is no fee for attendance at SKMCH&RC venue but pre-registration is required especially for outside participants.

**Gastroenterology:** there is arguably no medical specialty influenced as much by the general health of the nation.

Obesity or poor diet causing non-alcoholic fatty liver disease and reflux, alcohol and undiagnosed Hepatitis C, all contribute to the increasing numbers attending General Practice and Secondary Care.

Our specialty highlights the balance between the population's health and individualised medicine; during this symposium we will look at how we can improve both the nations' health and the individual's health through our surgeries or clinics.

At national level we will learn from:

- transplant colleagues
- our world class colorectal cancer screening
- transformative programmes like the Egypt-wide Hepatitis C eradication project

At the individual patient level we investigate:

- the developing field of Bariatric endoscopy to "cure" fatty liver disease and diabetes
- the intricacies of the nature and nurture overlap of IGG4-related disease

To contrast we also look at:

- inadequate nutritional input or absorption
- mesenteric ischaemia
- how to manage the failing gut.

We hope that the symposium and our international speakers will generate lively discussion and both educate and interest established medical consultants, General Practitioners and trainees alike.

**Dr Judith Morris**  
**Chair, Organising Committee**

**Programme – Thursday, 21<sup>st</sup> November 2019**

**14.00 Registration**

**14.25 Welcome and Introductory Remarks**

by Dr Conor Maguire, Director of Education, Royal College of Physicians of Edinburgh

**Session 1 - Gastroenterology: at the forefront of public health endeavours**

Chair: Dr Judith Morris, Consultant Gastroenterologist, Queen Elizabeth University Hospital, Glasgow

**14.30 Bowel cancer update: "Are we FIT enough?"**

Professor Bob Steele CBE, University of Dundee

\* update on colorectal cancer \* screening in Scotland \* lessons from the faecal immunochemical test (qFIT)

**15.00 Liver transplantation: "For the greater good?"**

Dr Joanna Leithead, Cambridge Liver Unit

\* ethics of selection \* opt in, opt out \* split grafts \* lessons from abroad

**15.30 Elimination of Hepatitis C: learning from Egypt**

Professor Manal El-Sayed, Professor of Pediatrics at Ain Shams University, Cairo

\*UK versus developing countries \* lessons for models of care \* changes in hepatocellular carcinoma risk

**16.00 Coffee / tea**

**Session 2 - Nature or Nurture?**

Chair: Dr Arvind Ramadas, South Tees Hospitals NHS Foundation Trust

**16.30 Primary sclerosing cholangitis and IGG-4 related disease**

Dr Andrew Fraser, Consultant Hepatologist, Queen Elizabeth University Hospital, Glasgow

\*a new disease? \* a systemic disease? \* and when it gets complicated

**17.00 DR ANDREW DUNCAN LECTURE**

Chair: Dr Conor Maguire, Director of Education, Royal College of Physicians of Edinburgh

**Policies and practicalities for 'lifestyle diseases' - mind the gap**

Professor Sir Ian Gilmore, Chair, Alcohol Health Alliance UK, Liverpool

**17.45 Hi - Tea**

*Selkirk Grace: Robert Burns*

*Some hae meat and canna eat, And some wad eat that want it,*

*But we hae meat and we can eat, Sae let the Lord be Thankit!*

### **Session 3 - We hae meat and we can eat....**

Chair: Dr Suzanne Donnelly, Consultant in Gastroenterology and Intestinal Rehabilitation, St Mark's Academic Institute, Middlesex

#### **18.30 How to investigate reflux in 2019**

Dr Rami Sweis, Consultant Gastroenterologist, University College London Hospital

\* what happens when the catheter study is not tolerated? \* what if the pH study is negative but symptoms are convincing of reflux disease?

#### **19.00 But, I don't eat anything doctor - a role for bariatric endoscopy**

Dr Jude Oben, Consultant Gastroenterologist and Hepatologist, Guy's & St Thomas' Hospital, London; Associate Professor of Hepatology, University College London

\* moving on from sleeves and socks? \* duodenal remodeling for insulin resistance \* long term outcomes

#### **19.30 Coffee / tea**

### **Session 4 - Some hae meat and canna eat.... the failing gut**

Chair: Dr Katharine Pollock, Consultant Gastroenterologist, Victoria Hospital, Kirkcaldy

#### **19.55 An update on mesenteric ischaemia**

Mr Wesley Stuart, Consultant Vascular Surgeon, Queen Elizabeth University Hospital, Glasgow

\* the role of smoking \* if and when to operate

#### **20.25 Nutritional challenges in the context of gut failure**

Dr Ruth McKee, Honorary Clinical Associate Professor, Royal Infirmary, Glasgow

\* parenteral nutrition - when and in whom to use it \* tips of the trade

#### **20.55 Can we "save the gut"?**

Dr Suzanne Donnelly, Consultant in Gastroenterology and Intestinal Rehabilitation, St Mark's Academic Institute, Middlesex

\* intestinal rehabilitation \* intestinal transplant

#### **21.25 Discussion**

#### **21.40 Close**