

Play Room

Our play room is located at 2nd floor, in Inpatient II-A. For further queries you may contact at the play room extensions: 4036 or 4452.

Volunteers

Volunteers are an important component of our team, and help create a positive change for the children. Please contact the HR department at the following numbers if you would like to join any of our volunteer programs.

Tel: +92 42 35905000 Ext. 3037 Fax: +92 42 35945207

MISSION STATEMENT

To act as a model institution to alleviate the suffering of patients with cancer through the application of modern methods of curative and palliative therapy irrespective of their ability to pay, the education of health care professionals and the public and perform research into the causes and treatment of cancer.

Shaukat Khanum Memorial Cancer Hospital and Research Centre
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Play Therapy



Shaukat Khanum
Memorial Cancer Hospital
and Research Centre

Importance of Play

Play is something that comes naturally to a child. During anxiety provoking situations, it helps in easing out their emotional difficulties and serves as the perfect mode for them to talk out their feelings. Play therapists at SKMCH&RC facilitate in providing the right kind of environment to our paediatric patients for this purpose.

Play Therapy at Shaukat Khanum Memorial Cancer Hospital

Play therapists at Shaukat Khanum work closely with a hospital teacher to make the environment less stressful for children undergoing various therapies at the hospital. For this purpose they engage the children in many activities in a safe and therapeutic environment.

Multidisciplinary Grand Round

To stay updated with the current clinical condition and to provide feedback of their own interaction with the children, play therapists attend and participate in the weekly grand round with Paediatric Oncology team.

Pre-Operative & Procedural Training

A child scheduled for a procedure or surgery has a high level of anxiety. Our play therapists engage children in different play activities to reduce anxiety and mentally prepare them for their procedure/surgery. In this regard we have a dedicated play area for children in the OR complex.

Medical Play

Medical play helps the child to become more familiar with the hospital surroundings, assists in coping with their healthcare experiences, and processes their

fears, worries and other reactions with regard to those experiences. The child gets an opportunity to play with common medical items such as stethoscopes, Band-Aids, doctor's hats, gloves, and masks etc.

Expressive Arts

Through several craft and play activities, expressive arts help in the child's catharsis. The medium helps the children express complex feelings associated with illness, injury and hospitalization thereby having a soothing effect on them.

Distraction and Coping Techniques

Distraction from routine is important to keep the child relaxed during the course of treatment at the hospital. Therefore, children are engaged in many fun activities on a weekly basis, some of which are:

- Super Hero Day
- Arts and Crafts Day
- Movie Day
- Story Telling / Puppetry Day
- Computer / Music Day

Educational Services

Age appropriate educational services along with a mobile library are provided to the children so they can keep up with their school work during prolonged treatment.

We run a hospital schooling programme the details of which can be sought from the playroom.

Other Activities

Monthly and bi-annual functions, trips and birthday celebrations are also organized by the hospital.