

Shaukat Khanum Institute of Health Sciences

PROSPECTUS - 2025



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SHAUKAT KHANUM MEMORIAL CANCER HOSPITAL & RESEARCH CENTRE

Shaukat Khanum Memorial Cancer Hospital and Research Centres (SKMCH&RC) are state-of-the-art cancer centres located in Lahore Peshawar, and Karachi Pakistan. SKMCH&RC, Lahore was the first project of the Shaukat Khanum Memorial Trust, which is a charitable organization established under the Societies Registration Act XXI of 1860 of Pakistan.

INSPIRATION FOR MAKING THE HOSPITAL

Shaukat Khanum Memorial Cancer Hospital and Research Centre is the brainchild of Pakistan's Cricket World Cup winning captain and the 22nd Prime Minister of Pakistan, Mr. Imran Khan. The inspiration to build the Hospital came after his mother, Mrs. Shaukat Khanum, succumbed to cancer in 1985. During his mother's illness, he witnessed up-close the plight of poor cancer patients in the hospitals of Pakistan and realised the need for a specialized cancer centre in his country. Being a developing country, where many do not have access to even elementary health care facilities, cancer was considered the ultimate symbol of hopelessness and almost certain death. Prior to the establishment of Shaukat Khanum Memorial Cancer Hospital and Research Centre in Lahore, no specialised institution for the comprehensive treatment of cancer existed in Pakistan. Imran Khan therefore decided to embark upon his dream of making cancer care accessible to the people of his country, regardless of their ability to pay. Hence, began the story of the enduring love of a son for his mother and of the passion of a nation.

For more than two decades, SKMCH&RC has been committed to the highest standards of patient care, education, and research. The Hospital's commitment has been recognized at both, national and international levels.





Accreditation from Joint Commission International

Shaukat Khanum Memorial Cancer Hospital and Research Centre, Lahore underwent a rigorous on-site survey from April 23 to 27, 2018. Sustaining the JCI accreditation, SKMCH&RC, Lahore achieved re-accreditation in 2021 after being surveyed against new and far more stringent standards set by the JCI in its 7th edition of standards.

SKMCH&RC Lahore has earned Joint Commission International's Gold Seal of Approval® for Hospital Accreditation by demonstrating continuous compliance with its internationally-recognized standards. The Gold Seal of Approval® is a symbol of quality that reflects an organization's commitment to providing safe and effective patient care

In 2022, SKMCH&RC Lahore, Peshawar, and Karachi collectively awarded with enterprise accreditation. Our enterprise accreditation has been formally updated on the #JCI website. JCI Enterprise Accreditation evaluates and recognizes health systems that establish consistency within their system wide governance, policies and procedures across their facilities, which include multiple care settings. Shaukat Khanum is one of the first organizations in the world to have achieved enterprise accreditation for the following:

- Shaukat Khanum Memorial Cancer Hospital and Research Centre, Lahore
- Shaukat Khanum Memorial Cancer Hospital and Research Centre, Peshawar
- Shaukat Khanum Memorial Cancer Hospital and Research Centre, Karachi

Quality Management Systems Certification

SKMCH&RC, Lahore was awarded the ISO 9001: 2008 certification for Diagnostic and Therapeutic Cancer Services in 2007. The Hospital was awarded the original certification in 2001.

ISO 22000 Food Safety Management System

The Food and Dietary Services at SKMCH&RC in Lahore and in Peshawar was awarded ISO 22000 certification for Food Safety Management System in 2022.

PROJECTS OF SHAUKAT KHANUM MEMORIAL TRUST

The Shaukat Khanum Memorial Trust has established a number of centres all over Pakistan that help in the awareness, diagnosis, and treatment of cancer in Pakistan.

Hospitals

Shaukat Khanum Memorial Cancer Hospital and Research Centre (Lahore, Pakistan), the first specialised cancer facility in the entire region with all the cancer diagnostic and therapeutic facilities under one roof, inaugurated on December 29, 1994



Shaukat Khanum Memorial Cancer Hospital and Research Centre (Peshawar, Pakistan), built according to the latest international healthcare standards, inaugurated on December 29, 2015.



Shaukat Khanum Memorial Cancer Hospital and Research Centre (Karachi, Pakistan)



OUTREACH SERVICES

Cancer Screening Clinics

- Shaukat Khanum Walk-In Clinic (Karachi, Pakistan)
- Shaukat Khanum Walk-In Clinic (Peshawar, Pakistan)
- Shaukat Khanum Walk-In Clinic (Lahore, Pakistan)



Diagnostic Centres

- Shaukat Khanum Diagnostic Centre (Lahore, Pakistan)
- Shaukat Khanum Diagnostic Centre, Liberty (Lahore, Pakistan)
- Karachi Diagnostic Centre and Clinic (Karachi, Pakistan)



Laboratory Collection Centres

 176 Shaukat Khanum Laboratory Collection Centres (all over Pakistan)





SHAUKAT KHANUM INSTITUTE OF HEALTH SCIENCES

Shaukat Khanum Memorial Cancer Hospital and Research Centre offers a number of education and training opportunities. The Shaukat Khanum Institute of Health Sciences is committed to provide education not only for outsiders but for its onboard staff for their continuous development. The Institute is located in the Begum Mir Building which was built in the name of Mrs. Begum Mir and Inaugurated by her son Mr. Rehman Mir in 2002. This building was built with the purpose of proving quality nursing education and learning resource. We have a very qualified and experienced faculty members who impart the philosophy of nursing education to the nursing community at SKMCH&RC.

The Shaukat Khanum Institute of Health Sciences offers following programs:

- Bachelor of Science in Nursing 4 Years Degree
- Post-RN BS Nursing 2 Years Degree
- Post Basic Diploma in Oncology Nursing
- Diploma in Critical Care Nursing
- Diploma in Perioperative Nursing



VISION & MISSION SKIHS

"To impart quality
Nursing education and
improve health
outcomes by
transforming
educational strategies
through Nursing
Professional."

"To become a role model institute of educational excellence for candidates who are prepared to achieve distinction in: 1) Nursing Practice 2) Innovation, 3) Leadership, and 4) research to meet the evolving health needs of a diverse society."

Core Values

Professional responsibility to Nursing and society is the foundation for our core values which are:

- Compassion
- Curiosity
- Integrity
- Engagement
- Respect
- Innovation

MESSAGE CHIEF EXECUTIVE OFFICER



Dr. Faisal Sultan Chief Executive Officer SKMCH&RC

I am delighted to welcome you to the Shaukat Khanum Memorial Cancer Hospital & Research Centre (SKMCH&RC). The organization firmly believes in lifelong learning, innovation, evidence based and ethical practices. You are to become the backbone of health care system and are future leaders to provide sustainable health outcomes for the country, the region, and the world at large. I assure you that our competent and highly dedicated faculty members, support staff and learning environment will prepare you well for this role.

To the students: please work and study with regularity. My request to the faculty members is to impart your knowledge and experience with sincerity and dedication.

I wish you success and a bright future.

Faisal Sultan

MESSAGE DIRECTOR OF NURSING



Ms. Rehana ElahiActing Chief Nursing Officer
SKMCH&RC

I welcome you here at the Shaukat Khanum Institute of Health Sciences (SKIHS), which was established in 2003 to train nurses. The institute's building, known as the Begum Mir Faculty of Nursing, was built in honor of Mr. Rehman Mir's mother.

SKIHS believes in the provision of quality education in line with the SKMCH&RC's mission. Through problem-based, practical teaching and learning activities, the faculty at SKIHS seeks to deliver student-centered learning to improve overall learning experience. We employ cutting-edge instructional techniques in the classroom, lab, and clinical settings to accomplish this goal. In accordance with the accrediting criteria, we are working to deliver the best educational outcomes while also improving constantly.

Our goal at SKIHS is to train nurses who, in addition to being knowledgeable, skilled, and specialized in their field, will also uphold professional and ethical standards throughout the course of the patient's care. This will enable them to deliver safe and effective nursing care to patients, their families and society and lead health care systems in future.

Rehana Elahi

PROGRAM ACCREDITATION

The Bachelor of Science in Nursing (BSN) and the Post-RN BS Nursing Degree Program at Shaukat Khanum Institute of Health Science (SKIHS) Lahore have been approved by Pakistan Nursing & Midwifery Council (PN&MC). The SKIHS is affiliated with the University of Health Sciences Lahore and Indus Hospital Lahore for academic and clinical affiliation, respectively.

The Shaukat Khanum Institute of Health Science (SKIHS) Lahore also offers three different Post Basic Specialty Diploma Programs namely: Diploma in Oncology Nursing (DION), Diploma in Critical Care Nursing (DICCN), and Diploma in Perioperative Nursing (DIPON).

These Post Basic diploma programs have been approved by Pakistan Nursing & Midwifery Council (PN&MC) and Nursing Examination Board Punjab (NEBP).





Scheme of Studies Bachelor of Science in Nursing (BSN) 4 Years Degree Program

Semester I	Cr. Hrs	Semester II	Cr. Hrs	Semester III	Cr. Hrs	Semester IV	Cr. Hrs
Arts and Humanities	2	Social Sciences	2	General Pathology/ Pathophysiology I	3	Special Pathology/ Pathophysiology II	3
Natural Sciences	3	Expository Writing	3	ICT (Computer Sciences)	3	Adult Health Nursing-II	8
Functional English	3	Quantitative Reasoning (II)	3	Civics and Community Engagemen	2	Health Assessment-II	2
Ideology and Constitution of Pakistan	2	Islamic Studies	2	Entrepreneurship	2	Pharmacology-II	2
Quantitative Reasoning (I)	3	Basic Biochemistry	3	Adult Health Nursing-I	4	Developmental Psychology	2
Basic Anatomy	3	Basic Physiology	3	Health Assessment-I	2	English Proficiency Course-2 (EPC 2)	2
Fundamental of Nursing-I	4	Fundamental of Nursing- II	5	Pharmacology-I	2		
				Microbiology	1		
PERLS 01	1	PERLS 02	1	English Proficiency Course-1 (EPC 1)	2	PERLS 04	1
				PERLS 03	1		
Cr. Hrs in Sem-I	21	Cr. Hrs in Sem-II	22	Cr. Hrs in Sem-III	22	Cr. Hrs in Sem-IV	20
Semester V	Cr. Hrs	Semester VI	Cr. Hrs	Semester VII	Cr. Hrs	Semester VIII	Cr. Hrs
Pediatric Health Nursing-I	4	Pediatric Health Nursing- II	4	Nursing Research	3	Community Health Nursing-II	5
Community Health Nursing I	3	Mental Health Nursing	6	Critical Nursing Care	8	Oncology and Palliative Care Nursing	4
Reproductive Health	5	Epidemiology	2	Diagnostic Procedures	2	English Proficiency Course-6 (EPC 6)	2
Teaching/Learning: Principles/Practices	3	Nursing theories & Models	2	English Proficiency Course-5 (EPC 5)	2	PERLS 08	1
Nursing Ethics	1	Leadership/Management in Nursing	3	PERLS 07	1	Arabic Language Course	3
English Proficiency Course-3 (EPC 3)	2	Applied Nutrition	1				
PERLS 05	1	English Proficiency Course-4 (EPC 4)	2	Internship/Field Experience	3	Capstone Project	3
	1	PERLS 06	1				
Cr. Hrs in Sem-V		Cr. Hrs in Sem-VI		Cr. Hrs in Sem-		Cr. Hrs in Sem-	$\vdash \vdash \vdash$

Total Credit Hours in 4 Years BS Nursing Program = 162

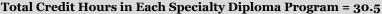
Scheme of Studies Post-RN BS Nursing 2 Years Degree Program

1 st Professional		2 nd Professional		
Subject Name	Cr. Hrs	Subject Name	Cr. Hrs	
Biochemistry	5	Mental Health Nursing	8	
Physics	3	Leadership and Management	5	
Microbiology	3	Professional Development	3	
Trends and issues in nursing	4	Community Health Nursing	7	
Nursing Ethics	4	Reproductive Health	2	
Health Assessment	5	Applied Nutrition	2	
Pathophysiology	6	Clinical Practicum	18	
Advance Concept in Clinical Nursing	10	Communication Skills	4	
Biostatistics	5			
Nursing Research	5			
Classroom teaching and evaluation	4			
Clinical teaching and evaluation	4	Self Study	-	
Computer Skills	-			
Communication Skill (English)	6			
Self Study	-			
Cr. Hrs in 1 st Professional	60	Cr. Hrs in 2 nd Professional	49	

Total Credit Hours in 2 Years Post RN BS Oncology Nursing Program = 109

Scheme of Studies Post Basic Diploma 1 Year Programs

Semester I	Cr. Hrs
English Language Course-I	3
Advance Concepts in Nursing	2
Computer Skills Course	0.5
Nursing Health Assessment	2.5
Critical Care Nursing-1 / Peri-Operative Nursing-I / Oncology Nursing-I	6.5
Cr. Hrs in Sem-I	14.5
Semester II	Cr. Hrs
English Language Course –II	3
Teaching & Learning	2
Leadership & Management in Nursing	2.5
Introduction to Nursing Research	2
Critical Care Nursing-II / Peri-Operative Nursing-II / Oncology Nursing-II	6.5
Cr. Hrs in Sem-II	16
Total Credit Hours in Each Specialty Diploma Program = 30.5	









ADMISSION CRITERIA

The SKIHS follows the below Admission Criteria for its programs:

BS Nursing Program (4 Years):

- Matric with Science (Marks as per PNC Criteria)
- FSc with Pre-Medical (Marks as per PNC Criteria)
- Age Limit: 14-35 years
- Gender Ratio: Open merit

Post RN BS Nursing Program (2 Years):

- Matric with Science (Marks as per PNC Criteria)
- Diploma in Nursing
- Diploma in Midwifery (any Post Basic Specialty for male)
- 2 Year Experience as RN

Post Basic Diploma Programs (DICCN/DIPON/DION):

- Matric with Science (Marks as per PNC Criteria)
- Diploma in General Nursing
- 2 Year Experience as RN

Admission Test:

In addition to the stated admission requirements, candidates must pass the admission test at SKIHS.

Interview:

Candidates who pass the admission test and meet the above requirements will be shortlisted for the interview by a panel.

Medical Fitness:

The external candidates will be required to undergo Physical Examination conducted by the Employee Health Department of Shaukat Khanum Memorial Cancer Hospital and Research Centre and receive the medical fitness certificate to be admitted to the program.

ACADEMIC FACILITIES SKILLS LAB





The Skills Lab at SKIHS offers the students to develop and master clinical skills to be able to correctly examine, diagnose, and provide care for future patients. The skills lab is equipped with mannequins, dummy arms, legs, and backs. Student through these resources are able to learn skills such as phlebotomy, administration of Intravenous, Intramuscular, Subcutaneous, Intradermal injections, and dressing etc.

SCIENCE LAB





The Science Lab at SKIHS are equipped with the latest apparatus and chemicals required for each specific subject such as Microbiology, Biochemistry, and Pharmacology, etc.

LIBRARY







There is an extensive collection of original textbooks, reference books, illustrated collections, and up-to-date journals which serves as a guide to students, staff, and faculty. The library is regularly updated to meet the requirments set by Pakistan Nursing Council & University of Health Sciences Lahore.

LECTURE HALLS







There are 5 lecture halls and two tutorials rooms which can house 35-50 students. The lecture halls are fully air-conditioned and equipped with multimedia, online video conferencing facilities, high speed internet, and latest computers. The design of the lecture halls ensure a environment favorable for both learning and teaching.

LEARNING RESOURCE CENTRE







The Learning Recourse Centre currently has 25 computers catering the needs of students. The computer lab facilitates learning resources and offers high-speed internet at all times to offer students achieve their academic pursuits. The venue serves as not only an information resource center but also for students to interact and develop their presentations, assignments, and projects etc.

CLINICAL FACILITIES

Shaukat Khanum Memorial Cancer Hospital and Research Centres in Lahore offers a wide range of health care services. It has bed capacity of 195 to accommodate in patient flow. Students are being rotated in different service units to achieve their clinical objectives.

INPATIENT SERVICES

SKMCH&RC provides below inpatient services:

- Ancillary Health Services
- Radiology
- Internal Medicine
- Medical Oncology
- Nuclear Medicine
- Paedriatic oncology
- Surgical Oncology
- Pathology
- Anaesthesia and Pain Medicine
- Clinical and Radiation Oncology



OUT-PATIENT SERVICES

Currently, the OPD Clinics are being conducted in the following specialties:

- Cardiology
- Endocrinology
- Hepato Pancreato Biliary Surgery
- Infectious Diseases
- Nephrology & Urology
- Neurology
- Orofacial Pain & Headache
- Pain Management
- Pediatric Oncology



COMMUNITY FACILITIES









Students at SKIHS have been provided with the opportunity to experience community health services at UC-256 Ali-Razaabad. In this community, students learn about the primary and secondary health care services provision and organize different activities for community and school health. The common activities performed by students are: Windshield survey (physical visit of the community and facilities mentioned above), identifying needs of the community. Visiting schools in order to identify the health needs of children, and conduct formal and informal teaching of the sessions to the members community and school students. Furthermore, students also organize health projects in community and school separately.

CAFETERIAS



There are 4 cafeterias at SKMCH&RC to meet the dietary needs of the students, faculty, staff, and visitors. The food is prepared under strict hygienic conditions in a professional-grade kitchen. The cafeteria offers an wide-range of food items at reasonable rates for breakfast, snacks, lunch, and dinner.

FEE STRUCTURE / POLICY

Financial Support is available at Shaukat Khanum Institute of Health Sciences. Eligible candidates can apply for tuition fee support, in return they have to sign a Return of Service Obligation (ROSO).

PERMANENT FACULTY MEMBERS



Rehana Elahi
Acting Chief Nursing Officer
MPH, MPhil, Oncology Nursing (ENB 237),
BSN, RM, RN



Farida Khan Asst. Director Nursing Education MPhil, BSN, RN



Adnan Yaqoob Principal Nursing Education PhD Scholar, MSN, BSN, RN



Saima Rubab Nursing Lecturer Practitioner MSN*, PBSN, DION, RN



Mussrat Parveen Nursing Lecturer Practitioner PBSN, DION, BCN, RN



Rabia M. AliNursing Lecturer Practitioner
PBSN, DION, BMT Specialist, RN



M. Rashid Bilal Sr. English Lecturer M.A. English



Shahid Masih Nursing Lecturer Practitioner PBSN, DION, RN



Hina Zafar Nursing Lecturer Practitioner PBSON, DIPON, RN



Roma Bhatti Nursing Lecturer Practitioner PBSON, DIPON,²RN



Asim Munir Nursing Lecturer Practitioner PBSON, DICCN, RN



Naseem Rooman Nursing Lecturer Practitioner MPH, PBSN, RN

VISITING FACULTY MEMBERS

Ms. Samia Ghazal
 Ms. Bushra Sajad
 Ms. Bushra Sajad

BS (Hons) IT

3. Ms. Farzana Nazir M. Phil Biochemistry

4. Dr. Saba Mazhar Doctor of Pharmacy (Pharm-D) BCPS

5. Dr. Nida Safdar MBBS, M. Phil Microbiology6. Dr. Nasrullah Malik MBBS, PhD Microbiology

7. Dr. Farhana Badar MBBS, MPH

8. Dr. Wajid Ali Ph.D. Islamic Studies

ADMINISTRATIVE STAFF

Rabia Rafique

Librarian

Mohsin Fazal

Office Coordinator

Usmania Gulnar

Office Coordinator

Muhammad Niaz Ahmed

Lab/Classroom Assistant

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